

# SDG TRAINEESHIP



## INFORMATION FOR TRAINEES

During the SDG Traineeship, young people are given the opportunity to develop themselves as true SDG Professionals and to make a concrete contribution to the implementation of the SDGs in the private and public sectors. Trainees are a minimum of 18 and a maximum of 27 years old, HBO/WO students or graduates.

SDG Trainees work in a team for 1 day of 8 hours a week for 15 weeks on a project to make an impact in the field of the Sustainable Development Goals (SDGs). Trainees work on an SDG related project developed by their assigned client. This way, the trainees and clients make concrete contributions to the new economy; one based on sustainability, inclusiveness and diversity. We will provide trainees with the right tools, knowledge and guidance to call themselves a full-fledged SDG professional. Ultimately, the trainees become part of the fight against current global challenges and develop the necessary skills and knowledge to make an impact as a future professional.

On average, around 25 teams and 125 trainees work on the SDGs in the Netherlands per edition! An edition takes place twice a year, and in the coming years hundreds of trainees will identify as SDG Professionals. We ensure that the trainees can all stay in touch as an alumni, so they can continue to help each other in a career in sustainability.

In this document you will find more information about the SDG Traineeship for SDG Trainees.



# PLANNING AND ACTIVITIES

Overview of Phases and Activities:

SDG TRAINEESHIP	WEEK NUMBER															
	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	
1. Getting to know your client phase	Orientation															
2. Start working on the assignment and submit a draft				Data collection, analysis and reporting												
3. You will receive feedback from the client you fine-tune the end product										Finetuning						
4. You present your final assignment during the end event festivities													Deadline	Closing & Evaluation	End Event	
5. Weekly guidance SDG Traineeship	◆	◆	◆	◆	◆	◆	◆	◆	◆	◆	◆	◆	◆	◆	◆	
6. Trainings	◆	◆		◆				◆							◆	
7. SDG Talks by SDG Experts	◆	◆	◆	◆					◆							

## Projectwork

You will work on a project in a team at an organisation/company/government agency that is already working on the SDGs, or wants to start. You will gain practical experience working on the SDGs; assist in stimulating businesses and organisations in implementing the SDGs; and make immediate impact!

This requires good team work and cooperation. You must take responsibility to achieve the desired results together with a team. You will have to work closely with an interdisciplinary team and use your differences as a strength.

**You and your team will work on the project 1 fixed day a week.** We try to have teams work together physically as much as possible, which depends on your client and COVID-19 measures. You can further coordinate this with your team, supervisor and client.

## Weekly Guidance

Each team will have the support of one sustainability consultant from the SDG Traineeship Team with who you have a meeting **1 hour per week** (in addition to the guidance of the client). In addition, you will receive **six training sessions** from the consultants (see page 6).

Week	Training
1	Working professionally
1	Consultancy skills
2	SDGs in practice
4	Open training
8	Peer-to-peer presentation training
15	Your future in sustainability

## SDG Talks

We organise seminars to broaden and deepen your knowledge on the SDGs, namely the SDG Talks. These sessions are regularly organised on Tuesday evenings. In addition, you can watch previously recorded SDG Talks in your own time. During the SDG Talks, we give the stage to inspiring experts in a field related to the SDGs. They tell us how they started working with and on the SDGs in the workplace, and share their successes and challenges.

## Content

### Introduction to the SDGs

Prof. Rob van Tulder is the SDG expert in academia with a focus on the private sector, introduces the change into an SDG-mindset in the first four SDG Talks. He will give a crash course on SDGs, show current progress on the SDGs and what barriers and opportunities there are for various stakeholders in the Netherlands. Together with guest speakers, he will share experiences about the implementation of the SDGs in organisations and a number of best and worst practices. Various techniques and tools that organisations can use for a fair inventory of their initial situation and analysis of the implementation will be discussed. These kinds of insights are crucial for measuring your impact and to get an idea whether you are actually generating impact with your assignment.

### Guest Speakers

You can watch previously recorded SDG Talks in your own time. The guest speakers come from all kinds of different sectors and types of organisations. Think of the director of a start-up, an economist of a bank, an NGO representative or a sustainability specialist from an MBK or the government. Certainly also a lobbyist, communication employee, technician or a purchasing manager; because the future professional, who wants to work purpose-driven, can be found in every industry and in all functions. Therefore, the topics of the SDG Talks are divided over the three different SDG domains (Biosphere, Society and Economy) where various themes and stakeholders are discussed. In short: you get to know many different companies and organisations better, as well as the different roles from which someone works on impact.



# Experiences

We have trained hundreds of young people to become SDG Professionals. Together, we have helped dozens of organisations, from Ameland to Maastricht: government agencies, municipalities, NGOs, start-ups, healthcare institutions, but also multinationals such as DSM, Shell, Chrysa! and Spade!. Below you will find a number of clients from previous editions, you can read more about the assignments via the link 'Clients & Projects'.

**Curious about their experiences? Check out the links below!**

-  [Video](#)
-  [Interviews](#)
-  [SDG Trainee Blogs](#)
-  [Clients & Projects](#)





# BACKGROUND INFORMATION

The SGD Traineeship is a collaboration of the SDG House and TheRockGroup, both located in the monumental building of KIT Royal Tropical Institute in Amsterdam.



## SDG House

In 2017, KIT Royal Tropical Institute launched “SDG House” in its landmark building located in Amsterdam, creating a space for like-minded people to meet, connect and work together to achieve the UN Sustainable Development Goals. Today, KIT/SDG House Amsterdam is a thriving community of experts, entrepreneurs, and professionals with a membership of 70+ organisations.



In 2020, SDG House launched a network of 11 SDG Houses which together launched the SDG Traineeship. The SDG Houses form a comprehensive network of diverse collectives aiming to serve their local communities by coupling locally-minded initiatives with local and national agendas, facilitating cooperation between entrepreneurs, educators, local communities, and organisations. With the network, the initiators aim to increase the scale and impact of their activities. The SDG House Network has the ambition to grow into an international network of locations: Let's Walk the Talk, together!



## TheRockGroup

TheRockGroup aims to accelerate the transition to a sustainable economy and society. In their role as advisor, entrepreneur or coach, they support organisations in being prepared for an economically responsible role in a sustainable future. TheRockGroup has extensive experience in various industries and works with public and private parties at home and abroad. Their expertise includes the following themes: CSR, circular economy, climate change, biodiversity, sustainable entrepreneurship, sustainable food, human rights, living wage, sustainable value chains, sustainable / circular cities.



## Actieprogramma Maatschappelijke Diensttijd

The SDG Traineeship is part of the action programme Maatschappelijke Diensttijd (MDT; meaning: “social service time”) - introduced by the Dutch Cabinet. The MDT network of social organisations, companies, governments, schools, youth work and other organisations will continue to grow, until MDT has a national coverage, and all young people have the opportunity to do a suitable MDT in their own surroundings. The SDG Traineeship will contribute to further expansion of the MDT network with additional partnerships. This will enable MDTs to be offered to Dutch young people at a variety of civil society organisations in more and more places in the country.

## Socials & Meer

 [sdg\\_house](#)

 <https://www.sdghouse.org/sdg-traineeship>

 [SDG Traineeship](#)

 [LinkedIn Group SDG Traineeship Alumni](#)



Are you a proud SDG Trainee? Show it off! And share your experiences on LinkedIn!

Would you like this filter on your LinkedIn profile picture? Then email your photo to [traineeship@sdghouse.org](mailto:traineeship@sdghouse.org).

# CONTACT

**Mail:** [traineeship@sdghouse.org](mailto:traineeship@sdghouse.org)

**Adres:**

KIT Royal Tropical Institute

SDG House

P.O Box 95001

1090 HA Amsterdam

Nederland

