

# INFORMATION FOR TRAINEES

# SDG TRAINEESHIP



During the SDG Traineeship, young people are given the opportunity to develop themselves as true SDG Professionals and to make a concrete contribution to the implementation of the SDGs in the private and public sectors. Trainees are a minimum of 18 and a maximum of 27 years old, HBO/WO students or graduates.

SDG Trainees work in a team for 1 day of 8 hours a week for 15 weeks on a project to make an impact in the field of the Sustainable Development Goals (SDGs). Trainees work on an SDG related project developed by their assigned client. This way, the trainees and clients make concrete contributions to the new economy; one based on sustainability, inclusiveness and diversity. We will provide trainees with the right tools, knowledge and guidance to call themselves a full-fledged SDG professional. Ultimately, the trainees become part of the fight against current global challenges and develop the necessary skills and knowledge to make an impact as a future professional.

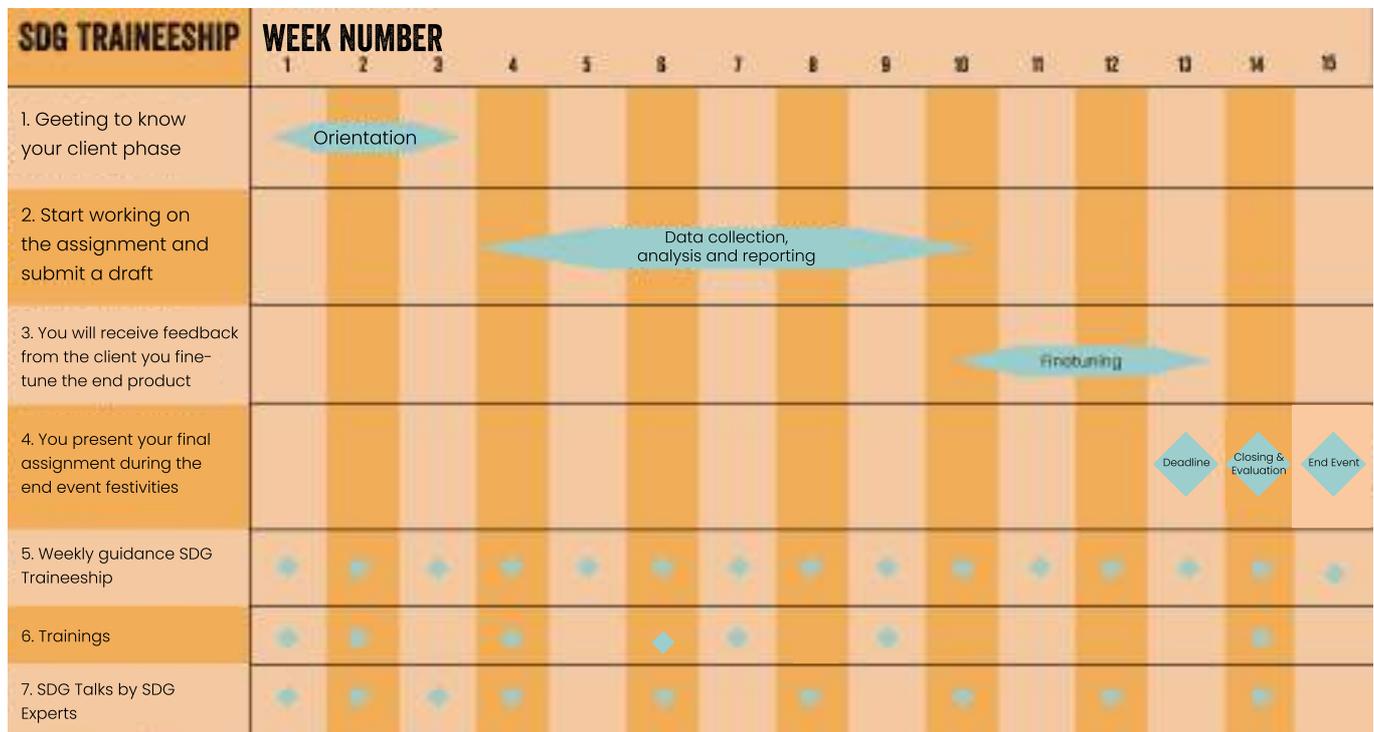
On average, around 25 teams and 125 trainees work on the SDGs in the Netherlands per edition! An edition takes place twice a year, and in the coming years hundreds of trainees will identify as SDG Professionals. We ensure that the trainees can all stay in touch as an alumni, so they can continue to help each other in a career in sustainability.

In this document you will find more information about the SDG Traineeship for SDG Trainees.



# Planning and Activities

Overview of phases and trainings:



## Projectwork

As an SDG Trainee, you work on a challenging assignment for a client (social organisation/company/government agency) that is already working on the SDGs, or wants to implement the SDGs. For example, trainees gain practical experience working on the SDGs; they encourage organisations to implement the SDGs quickly; and make an immediate impact!

Trainees work one full working day (8 hours) a week in a multidisciplinary team of about 5 young people on an assignment for one client for 15 weeks. As shown in the graph above, trainees will go through different phases and at the same time receive guidance and training that directly benefits the content and quality of the assignment.

## Weekly Guidance & Trainings

Each team is supervised by a sustainability consultant from the SDG Traineeship Team with whom they have 1 hour of contact per week (in addition to the guidance of the client). In addition, the trainees receive six training courses to further develop their professional skills and to better enable the team to carry out the project successfully.

Week	Training
1	Working Professionally
1	Consultancy Skills
2	SDGs in Practice
4	Open training
8	Peer-to-peer Presentation Training
15	Your Future in Sustainability

## SDG Talks

To broaden and deepen your knowledge about the SDGs as trainees, an evening session is regularly organised on Tuesdays. During these SDG Talks, the stage is given to inspiring experts in the broad domain of the SDGs. They tell us how they have started working with the SDGs in the workplace, share their successes and challenges, and give trainees the opportunity to ask questions. It is typically an interactive talk show between the guest, speakers and the trainees.

### Week 1-4

Prof. dr. Rob van Tulder is a professor of International Business-Society Management at the Rotterdam School of Management, Erasmus University. As an SDG expert in academia specialising in organisations, he gives the trainees a crash course on the SDGs, showing where progress stands and what barriers and opportunities exist for various stakeholders in the Netherlands. Together with various guest speakers, he shares experiences about the implementation of the SDGs in organisations and a number of best and worst practices. Various techniques and tools that organisations can use for a fair inventory of their initial situation and analysis of the implementation are discussed in these SDG Talks. These kinds of insights are crucial to measuring impact.

### Week 5-15

From week 5, the SDG Talks are divided into three different SDG domains (Biosphere, Society and Economy). Various themes and stakeholders are discussed. The guest speakers come from a diverse range of sectors and types of organisations. Think of the director of a start-up, an economist in a bank, an NGO representative or a sustainability specialist from an MBK or the government. But certainly also a lobbyist, communication employee, technician or a purchasing manager; because the future professional, who wants to work purpose-driven, can be found in every industry and in all functions. We conclude with a session about the future of our SDG Trainees. By the end of this programme, trainees broaden their network with professionals, they get to know many different companies and organizations better, as well as the different roles from which someone works on generating impact towards the realisation of the SDGs.



# Experiences

We have trained hundreds of young people to become SDG Professionals. Together, we have helped dozens of organisations, from Ameland to Maastricht: government agencies, municipalities, NGOs, start-ups, healthcare institutions, but also multinationals such as DSM, Shell, Chrysal and Spadel. Below you will find a number of clients from previous editions, you can read more about the assignments via the link 'Clients & Projects'.

**Curious about their experiences? Check out the links below!**

-  [Video](#)
-  [Interviews](#)
-  [SDG Trainee Blogs](#)
-  [Clients and Past Projects](#)





# Background Information



## SDG House

In 2017, KIT Royal Tropical Institute launched “SDG House” in its landmark building located in Amsterdam, creating a space for like-minded people to meet, connect and work together to achieve the UN Sustainable Development Goals. Today, KIT/SDG House Amsterdam is a thriving community of experts, entrepreneurs, and professionals with a membership of 70+ organisations.

In 2020, SDG House launched a network of 11 SDG Houses which together launched the SDG Traineeship. The SDG Houses form a comprehensive network of diverse collectives aiming to serve their local communities by coupling locally-minded initiatives with local and national agendas, facilitating cooperation between entrepreneurs, educators, local communities, and organisations. With the network, the initiators aim to increase the scale and impact of their activities. The SDG House Network has the ambition to grow into an international network of locations: Let’s Walk the Talk, together!





**TheRockGroup**

TheRockGroup aims to accelerate the transition to a sustainable economy and society. In their role as advisor, entrepreneur or coach, they support organisations in being prepared for an economically responsible role in a sustainable future. TheRockGroup has extensive experience in various industries and works with public and private parties at home and abroad. Their expertise includes the following themes: CSR, circular economy, climate change, biodiversity, sustainable entrepreneurship, sustainable food, human rights, living wage, sustainable value chains, sustainable / circular cities.



### **Actieprogramma Maatschappelijke Diensttijd**

The SDG Traineeship is part of the action programme Maatschappelijke Diensttijd (MDT; meaning: "social service time") - introduced by the Dutch Cabinet. The MDT network of social organisations, companies, governments, schools, youth work and other organisations will continue to grow, until MDT has a national coverage, and all young people have the opportunity to do a suitable MDT in their own surroundings. The SDG Traineeship will contribute to further expansion of the MDT network with additional partnerships. This will enable MDTs to be offered to Dutch young people at a variety of civil society organisations in more and more places in the country.



# Contact

 <https://www.sdghouse.org/sdg-traineeship>

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